



## Information for Potential Participants

The *You and Me Relationships Group* is a small group of people with intellectual disabilities who meet with 'facilitators' (workers) to talk about how to be happy and safe in relationships with family, friends and partners.

**When:** Thursday Mornings. From 7/10/21---9/12/21

**Where:** Supper Room, Caboolture Memorial Hall

61-65 King Street, Caboolture. QLD 4510

**Time:** 9:30 am-11:30am

The group meets for two hours over ten weeks to talk about:

- Meeting new people
- Being a good friend
- Safe touch
- Saying "NO"
- Feeling good about yourself
- Dealing with problems and arguments
- What makes a 'good' and 'bad' relationship

If you are interested in knowing more, please contact:

WWILD: Abby & Hannah

Phone: 07 3262 9877    Email: [info@wwild.org.au](mailto:info@wwild.org.au)